



Key Messages: Draft 1 March 22, 2010

## Key Messages "Navigating the Health Care System"

Approval Deadline: <u>Tuesday, March 16, 2010</u> Translation Deadline: <u>Monday, March 29, 2010</u>

*Translators*: Translate only the words and not "Number 1, Number 2 and Number 3." Please contact your project manager with any questions.

- Number 1: Know where to start.
- Number 2: The system is challenging: Be persistent.
- **Number 3**: Know what you need and what is available.
- Number 4: Help is available.

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